



THE FLORIDA
HALF MARATHON 10K & 5K

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SATURDAY, DECEMBER 17, 2011

PRESENTED BY THE NATIONAL TRAINING CENTER

- ABOUT** The entire event will be held on the paved roads and trails of beautiful Lake Louisa State Park in Clermont, Florida.
- START TIMES** Half Marathon: 7:30 a.m.
10K & 5K: 7:45 a.m.
- TIMING** Chip timing will be used for the Half Marathon, 10K and 5K
- REGISTRATION** To register, please visit usantc.com and click on "Events" or register on imathlete.com.
- PACKET PICK UP** Friday, December 16, 12 p.m. to 7 p.m. at the National Training Center or at Lake Louisa State Part on race morning starting at 6:30 a.m.
- AWARDS** Awards will be given to the top 3 overall winners for men and women in all three races and the top three finishers (men & women) in each age group (5 year age-groups) for the half marathon and 10K. All half marathon and 10K finishers will receive medals.
- COST** Half Marathon: \$50 until Dec. 1; \$60 Dec. 2-13; \$70 Dec. 14-17
10K: \$35 until Dec. 1; \$45 Dec. 2-13; \$55 Dec. 14-17
5K: \$20 until Dec. 1; \$30 Dec. 2-13; \$40 Dec. 14-17
- MORE INFO** For more information, please contact jami.bishop@orlandohealth.com or visit usantc.com.