

### Bike Trail Descriptions:

The easiest (Green circle) loop is called *Sand Pine*, and can be ridden as an out-and-back (3-miles), or as a 2-mile loop. The *River Loop*, although rated Green, is for the more experienced beginner. It is 3-miles long (with bailouts at one-mile intervals), and has technical sections where roots or tight turns can challenge a rider.

The intermediate (Blue square) trails, *Bridges*, *North Creek* and *Rock Garden*, are more challenging, with medium-sized hills. Many are short and steep, with others more gradual for a speedy downhill. For experienced riders, *Bridges* has several very challenging sections with sudden drops and climbs. *North Creek*, our newest trail, will be more challenging until traffic packs and smoothes the rough surface.

*Rollercoaster*, *Moonscape*, *Gatorback* and *Rabbit Ears* trails are advanced, *ONE-WAY* trails marked with (Black) diamonds. These sections all include steep roller coaster dips, technical rocky sections, and very difficult climbs and drops. Many of these have a drop-off style descent immediately followed by a steep climb up the opposite side.

Riders must know how to get their butt way behind the seat, and be able to quickly transition to a climbing position. Know your limits, and control your speed accordingly.

### Alafia River State Park Bike Trail Rules:

- Park hours are 8 a.m. to sunset daily.
- Helmets are required for all riders.
- Place trash in designated trash receptacles.
- Please do not lock up your brakes on the trail. This causes loss of control and erosion.
- Dogs are not permitted on the bike trails.
- All plants and animals are protected, by law, in Florida State Parks.

**SWAMP Mountain Bike Club**  
These mountain bike trails are built and maintained by volunteers. Join us on the first Saturday of the month to help improve our trails. Contact [TRAILS@SWAMPclub.org](mailto:TRAILS@SWAMPclub.org) for info.

### Safety Tips:

- Be aware of your location.
- Ride within your experience level.
- Ride with others.
- Required: helmet; recommended: eye protection, water, gloves, cell phone.

If you have a serious injury on the trails call **911**, then contact park staff at one of the numbers below for additional assistance:

Ranger Station	813-672-5320
Park Cell Phone	813-917-1009

### Closest Hospital:

**Brandon Regional Hospital**  
119 Oakfield Drive Brandon, FL  
813-681-5551

FOR MORE  
INFORMATION:

**SWAMP Mountain Bike Club**  
**813-689-5109**  
[www.SWAMPclub.org](http://www.SWAMPclub.org)

**Alafia River State Park**  
**813-672-5320**  
[www.floridastateparks.org/alafiariver](http://www.floridastateparks.org/alafiariver)

**SWAMP**  
**Mountain Bike**  
**Club**



Guide to Off-Road  
Bicycle Trails in  
Alafia River  
State Park


# Welcome to Alafia River State Park

Alafia River State Park opened to the public in February 1998. The park consists of over 6,000 acres with approximately 12 miles of shoreline along the South Prong Alafia River. The land was formerly used for phosphate mining and was donated to the Florida State Parks in 1996.

Alafia River State Park offers some of Florida's most unique recreational opportunities. The Park offers opportunities for off-road bicycling, horseback riding, hiking, fishing, camping, picnicking, bird watching, canoeing and kayaking.

## BIKE TRAIL DESCRIPTION

DIFFICULT TRAILS are marked with a BLACK DIAMOND  or

DOUBLE BLACK DIAMONDS  they are very difficult and are for *advanced riders only*.

INTERMEDIATE TRAILS are marked with BLUE SQUARES 

EASIER TRAILS are marked with GREEN CIRCLES 

# Alafia River State Park

## Off-road Bicycle Trails

